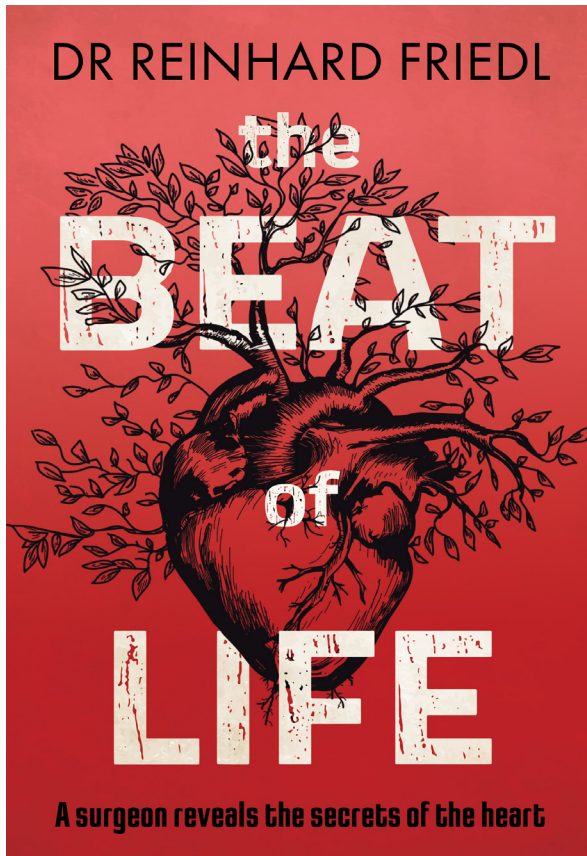


THE BEAT OF LIFE

25 August 2022

A SURGEON REVEALS THE SECRETS OF THE HEART

REINHARD FRIEDL



The heart is our most important – and perhaps most mysterious – organ. Every day it pumps 9000 litres of blood and beats around 100,000 times. But the heart is more than just a pump. In all major human cultures, it is seen as the source of love, sympathy, joy, courage, strength and wisdom. Why is this so?

Having witnessed the extraordinary complexity and unpredictability of human hearts in the operating theatre – each one individual in its make-up, like a fingerprint – heart surgeon Reinhard Friedl went on a search for answers. He examined closely the latest findings in neurocardiology and psychocardiology, and in *The Beat of Life* he shares his discoveries, using riveting personal stories to illustrate the complex relationship between the heart, the brain and the psyche.

'Reinhard Friedl explains why love resides in the heart, whether it can be broken by grief and why heart and brain form a unit'

Kleine Presse Graz

'Raising awareness, contemplating, reflecting – that is the true intention of this book on the heart'

Neu-Ulmer Zeitung

'This book has inspired me from the first page to the last... readable and endearing'

Yoga Journal

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Genre: Popular science / Cardiology / Heart surgery

Key Selling Points:

- An accessible, informative read about the latest research in cardiology, written by an eminent heart surgeon
- Will benefit from the current trend in popular science books about the human body

Comparison Title:

Gut by Giulia Enders and *The Brain That Changes Itself* by Norman Doidge

Author:

Dr Reinhard Friedl is an eminent German surgeon who has held thousands of hearts in his hands. He has operated on premature babies and repaired the heart valves of the very old, implanted artificial heart turbines and stitched up stabbing wounds to the heart.

